

MOUSE OR MONSTER? WHICH?

Part one

This teaching is for the little boy and little girl who is still battling to find their way through the maze of their childhood and to discover who they really are.

- It is about how they act and how they would like to act.
- It is about understanding themselves and how to work together with the adult.
- It is about joining the little child, the adult, and teaching them to live in harmony.
- It is about sacrifice, humility, submission, loving and healing through the Lord Jesus Christ.
- It is about healthy and long lasting life changes.
- It is about how start to a new and wonderful life and walk in those changes.
- It is about learning to like their little boy/girl and to how to love them.
- It is about not being stuck in the past, but moving through it to a new way of life.
- It is about freedom.

MICE and MONSTERS—an apt description of the little boy/girl and the people that they encounter along life's journey. What do these two words mean in comparisons to our lives? You've heard the old saying, "*She just a timid little mouse.*" People often act like mice (men and women). They are sometimes so nice that they allow themselves to be walked on and taken advantage by other people. They have a tendency to be shy, timid, afraid, and unassertive. In this process, they often get squashed and at some point, a deep seated anger takes root in their heart, and they are at a loss of what to do with it, as it is foreign to their nature. If left unchecked, the anger continues to fester and will erupt and spew out onto other people time and time again. Their hearts needs to be cleansed out and healed.

You've also heard the saying, "*He is a monster! No one wants to be around him.*" Monsters on the other hand (men and women) are self-centered, thoughtless of other people's needs, and emotions. The monster runs rough-shod over people without a second thought. And unfortunately, at times, are not even aware of doing it and the damage they are causing. They are not much fun to be around, as they are opinionated and controllers and it's their way or the highway. Although it is most likely a self-protection tactic, they are bullies, mean, pushy and aggressive. They devastate and terrorize the mice.

As a counselor, I try to help people get in touch with their child within, to understand why they act and react the way they do. Adults need to understand the pattern of mice and monsters, and then learn how to break the pattern from working in their lives and tearing down relationships. They need to learn how they can work together for the child and their healing. In doing so, they can become the person God

created them to be and walk in the freedom of who God declares them to be; not fall prey to the dictates of man.

CHILD'S TRUTH:

The child carries all the traumatic experiences of childhood; the memories, which include fear, shame, guilt, pain, insecurities and the list goes on and on. As children, they do not have the knowledge or skills to know how to work through them. They live in a world of anger. They weren't protected, cared for. No one listened when they did try to share what was happening to them. They feel stuck, helpless, betrayed, and without hope to move on. They feel powerless to stop the abuse, neglect, etc. and therefore, react through the adult in negative ways. Self-preservation is all they know; it is their natural or instinctive tendency. At times they cry out, but no one hears or chooses not to address the problems.

ADULT'S TRUTH:

The adult carries the power and authority as a child of God and can step in and take over the battle; giving the child a reprieve; that much needed temporary relief from harm or discomfort. The adult knows and has hidden God's truths deep in his heart that can set the child free. The first truth—God loves them, no matter how they act out, He loves them. He is grieved over the painful experiences they had to endure, and even though they didn't realize it at the time, God was with them. He was their covering and protection and often stayed the hand of the monsters. The adult, through the help of the Holy Spirit that Jesus sent to be our Comforter, Teacher and Helper, moves in the power and authority against the powers of darkness sent to keep the child in bondage and destroy him if he can.

Now, all people are not mice or monsters. For the most part people are fun, friendly, honest and caring. When a person accepts Jesus Christ into their hearts, their lives change. They have eyes to see clearly the way the enemy works in their child within, and they have ears to hear the Spirit's comfort and direction to help their child. All is not lost.

Mouse or monster, God will reveal those patterns in your life as He reveals the childhood memories and the things your child carries that keeps your life in an upheaval, for often you never know when that child will come forth and wreak havoc in your life and the lives of those around you. God will help you recognize the patterns, understand them, and take God's steps to remove them. His purpose is to bring together in love and harmony, the child within and the adult. He is a God of love and truth!

Next lesson, we will discuss more of God's truth to help free your child.